



ARTHROSCOPY
STUDY GROUP
 INDIA



2ND COMPLEX KNEE INJURY COURSE

17TH & 18TH NOVEMBER 2023 | JAIPUR MARRIOTT HOTEL, INDIA

THEME: UNDERSTANDING COMPLEX KNEE INJURIES



www.arthroscopystudygroupindia.com



Welcome Message



Dear Colleagues,

After a resounding response for the 1st Master Course in 2019, we are pleased to announce the 2nd Master Course in Complex Knee Injuries in association with Arthroscopy Academy and Arthroscopy Study Group of India. This two-day event will be completely focused on complex knee injuries including revision ACL reconstruction, anatomic PCL reconstruction, posterolateral and posteromedial corner injuries, meniscus injuries, realignment procedures and complex patellofemoral issues.

The aim of the Master Course is to cover the anatomy, biomechanics, clinical evaluation and current updates on surgical management of complex knee injuries. The programme is designed by Dr. Rob LaPrade and Team and will consist of symposia, keynote lectures, live cadaveric dissection and panel discussions. The course will provide a great opportunity to learn and understand 'Complex knee injuries' in a simplified manner.

We welcome you all to Jaipur for this grand event and look forward to an incredible academic gathering.



Dr. Rob LaPrade
Organising Chairman



Dr. Nicholas Antao
Organising Chairman



Dr. Roshan Wade
Organising Chairman



INTERNATIONAL FACULTY



Dr. Rob LaPrade



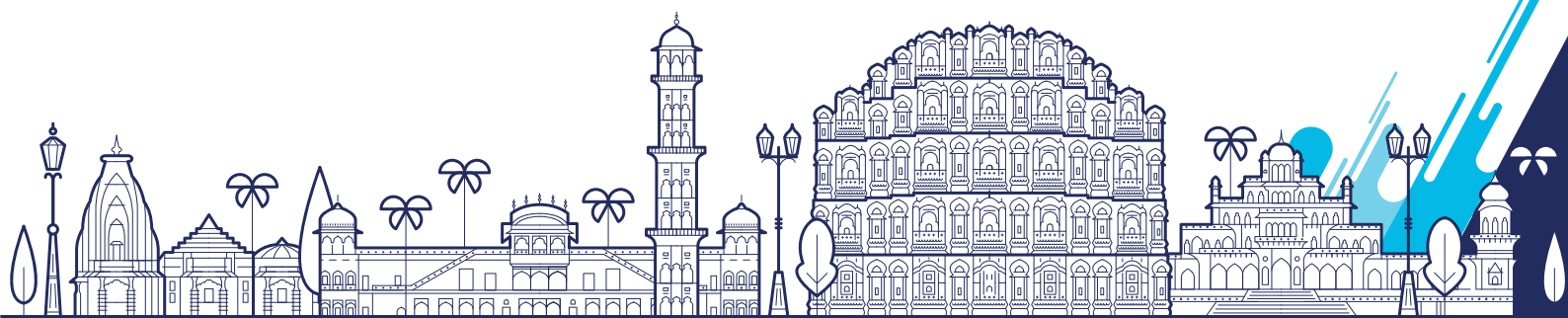
Dr. Andrew Geeslin



Dr. Gilbert Moatshe



Dr. Nick Kennedy



COMMITTEE

Patron



Dr. Rajeev Bagarhatta
Principal and Controller
SMS Medical College and Hospital



Dr. R. C. Banshiwal
Hon. President,
CZ IOA



Dr. Pradeep Choudhary
Hon. Secretary
CZ IOA



Dr. Abhay Narvekar

Course Directors



Dr. Sanjay Trivedi



Dr. Atteque Vasdev



Dr. Rajkumar Amravati



Dr. P. Gopinath



Dr. Chaitanya Waghchoure

Scientific Chairmen



Dr. Vivek Pandey



Dr. Milind Pimprikar



Dr. Sheetal Gupta



Dr. Sameer Shaikh

Co-Directors



Dr. Rajendra Phunde



Dr. Ashish Sharma



Dr. Vikram Sharma



Dr. Ravindra Lamoriya



Dr. Prashant Modi



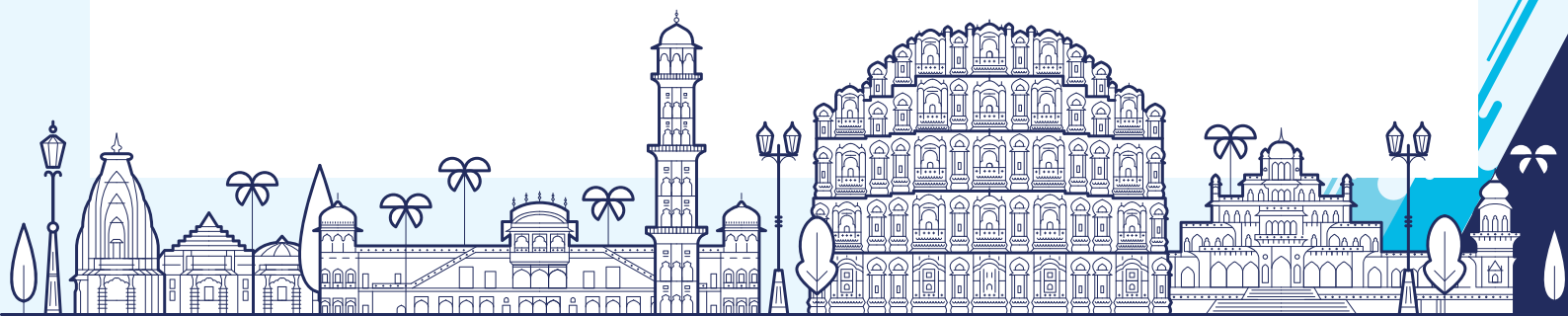
Dr. Rajiv Gupta



Dr. Miten Sheth



Dr. Rajeev Raman



COMMITTEE

Organising Committee Members



Dr. Shaligram Purohit



Dr. Mukesh Laddha



Dr. Swarnedu Samantha



Dr. Umesh Jadhav



Dr. Ranjit Panigrahi



Dr. Vinay Tantuway



Dr. P. Jayaprasad



Dr. Kapil Garg



Dr. Dilip Mehta



Dr. Lalit Modi



Dr. Brajesh Dadariya

Cadaveric Session Chairperson



Dr. Ravindra Lamoriya



Dr. Pradip Nemade



Dr. Sandeep Biraris



Dr. Prashant Modi



Dr. Vinay Pandey

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Dr. Prahalad Singhi



Dr. Vasav Somani



Dr. Swapnil Chitnavis



Dr. Tanmay Choudhary



Dr. B. R. Bagaria

Event Management Team

Mr. Raturaj Sarekar (+91 98333 84676)

Academic Partners

Rob LaPrade and Associates

Rajputana Arthroscopy Society

Arthroscopy Study Group of India

Central Zone, IOA

Arthroscopy Academy

SMS Medical College, Jaipur

SCIENTIFIC PROGRAMME

THURSDAY, 16TH NOVEMBER, 2023

Dr. Rob LaPrade's Gold Medal Free Paper Award in Complex Knee Injuries



04:00 - 05:00 pm Session 1
Chairpersons: **Dr. Umesh Jadhav, Dr. Sunil Apsingi**

05:00 - 06:00 pm Session 2
Chairpersons: **Dr. Attique Vasdev, Dr. P. Jayaprasad**

06:00 - 07:00 pm Session 3
Chairpersons: **Dr. Lalit Modi, Dr. Hetal Chinniwala**

Please submit your fullpaper on lapradcourse2023@gmail.com or sportsdocwade@gmail.com before 13th of November, 2023. Please note that conference registration is mandatory to present the freepaper.

7:00 PM ONWARDS: RESIDENTIAL DINNER

FRIDAY, 17TH NOVEMBER, 2023 (VENUE: GRAND BALL ROOM)

08:00 - 08:05 am Inauguration
Dr. Rob LaPrade
Dr. Nicholas Antao
Dr. Roshan Wade
Dr. Ashish Sharma
Dr. Banshiwal

SESSION I - PRIMARY ACLR
Chairpersons: **Dr. Kanchan Bhattacharya, Dr. Arun Gupta**

08:05 - 08:20 am How to optimize your primary ACLR outcomes
Dr. Rob LaPrade

08:20 - 08:35 am Role of anterolateral complex reconstruction in primary ACLR*
Dr. Andy Geeslin

08:35 - 08:45 am Q&A

SESSION II - REVISION ACLR
Chairpersons: **Dr. B. R. Bagaria, Dr. IPS Oberoi**

08:45 - 09:00 am Workup and Treatment of failed ACLR
Dr. Gilbert Moatshe

09:00 - 09:15 am Role of slope, alignment and osteotomy in revision ACLR
Dr. Nick Kennedy

09:15 - 09:30 am **Panel Discussion: Complex Knee & Revision ACLR**
Moderator: **Dr. Vivek Pandey**
Panelist: **Dr. Rob LaPrade, Dr. Nick Kennedy, Dr. Gilbert Moatshe, Dr. B. R. Bagariya, Dr. IPS Oberoi**

09:30 - 10:00 am **Live Cadaveric Demonstration 1: LEAT**
Dr. Rob LaPrade
Dr. Sameer Shaikh

10:00 - 10:15 AM TEA BREAK

SESSION III - COMPLEX MENISCUS
Chairpersons: **Dr. Vinay Tantuway, Dr. Deepak Chaudhary**

10:15 - 10:40 am **Live Cadaveric Demonstration 2: ALL-INSIDE MENISCAL AND ROOT REPAIR**
Dr. Rob LaPrade
Dr. Gilbert Moatshe
Dr. Sameer Shaikh
Dr. Prashant Modi

10:40 - 10:50 am Surgically Relevant Meniscal Anatomy and Biomechanics
Dr. Nick Kennedy

10:50 - 11:10 am Meniscal Radial and Ramp Tears
Dr. Gilbert Moatshe

11:10 - 11:20 am Meniscal Root Tears
Dr. Rob LaPrade



PROGRAM

11:20 - 11:50 am	Panel Discussion: Complex Meniscal Injuries Moderator: Dr. Sheetal Gupta Panelists: Dr. Rob LaPrade, Dr. Nick Kennedy, Dr. Gilbert Moatshe, Dr. Vinay Tantuway, Dr. Deepak Chaudhary	
	SESSION IV - PATELLOFEMORAL JOINT Chairpersons: Dr. Rajiv Gupta, Dr. Nagraj Shetty	
11:50 - 12:05 pm	Workup of Patellofemoral Joint Instability	Dr. Nick Kennedy
12:05 - 12:20 pm	MPFL: When to do it in isolation?*	Dr. Andy Geeslin
12:20 - 12:35 pm	When to Use a TTO	Dr. Gilbert Moatshe
12:35 - 12:50 pm	Trochleoplasty: Do we need it? When?	Dr. Rob LaPrade
12:50 - 01:00 pm	Q&A	
01:00 - 02:00 PM	LUNCH	
	SESSION V - KNEE PRESERVATION Chairpersons: Dr. Bhushan Sabnis, Dr. Shiv Choksy	
02:00 - 02:30 PM	PANEL DISCUSSION : COMPLEX PATELLO-FEMORAL JOINT Moderators: Dr. Raghuvveer Reddy, Dr. Mukesh Laddha Panelists: Dr. Rob LaPrade, Dr. Nick Kennedy, Dr. Gilbert Moatshe, Dr. Bhushan Sabnis, Dr. Shiv Choksy	
02:30 - 02:45 pm	Meniscal Transplants	Dr. Gilbert Moatshe
02:45 - 03:00 pm	Cartilage Transplant: The Fresh Allografts	Dr. Rob LaPrade
03:00 - 03:30 pm	Osteotomies Around Knee - Distal Femur and Proximal Tibia Osteotomies	Dr. Nick Kennedy
	SESSION VI - PCL Chairpersons: Dr. Nishith Shah, Dr. Swarnendu Samanta	
03:30 - 04:00 pm	Live Cadaveric Demonstration 3: Double bundle PCL	Dr. Gilbert Moatshe Dr. Sameer Shaikh Dr. Ravindra Lamoria
04:00 - 04:25 PM	Anatomy, Biomechanics and Diagnostic Workup of PCL Injuries	Dr. Nick Kennedy
04:25 - 04:45 pm	Double Bundle PCLR for Acute and Chronic PCL Injuries	Dr. Rob LaPrade
04:45 - 04:55 PM	TEA	
	SESSION VII Moderators: Dr. Ranjit Panigrahi, Dr. Abhay Narvekar	
04:55 - 05:30 PM	PANEL DISCUSSION : COMPLEX PCL INJURIES Moderators: Dr. Atteque Vasdev, Dr. Roshan Wade Panelists: Dr. Rob LaPrade, Dr. Nick Kennedy, Dr. Gilbert Moatshe, Dr. Ranjit Panigrahi, Dr. Abhay Narvekar	
05:30 - 06:15 pm	Master Lecture: Treatment Of Multi-ligament Knee Injuries In 2023	Dr. Rob LaPrade
06:30 - 07:30 pm	Industry sponsored product workshop in Multiple halls	
7:45 PM ONWARDS	FELICITATION AND GALA DINNER	

SATURDAY, 18TH NOVEMBER 2023 (VENUE: GRAND BALL ROOM)

08:00 - 08:30 am	BREAKFAST SESSION: MEET THE MASTER - RESEARCH IN SPORTS MEDICINE WITH DR. ROB LAPRADE [Only for Residential Delegates]	
	SESSION VIII - POSTEROMEDIAL CORNER Chairpersons: Dr. Deepak Joshi, Dr. Raghuvveer Reddy, Dr. Brajesh Dadariya	
08:30 - 08:55 am	Anatomy, Biomechanics and Diagnostic Workup of PMC/MCL Injuries	Dr. Nick Kennedy
08:55 - 09:15 am	Treatment of Acute and Chronic PMC Injuries	Dr. Rob LaPrade

PROGRAM

09:15 - 09:30 am	Lind technique	Dr. Gilbert Moatshe
09:30 - 10:00 am	Live Cadaveric Demonstration 4: PMC Reconstruction	Dr. Nick Kennedy Dr. Ravindra Lamoria Dr. Rajiv Gupta
10:00 - 10:10 AM	TEA	
10:10 - 10:55 am	Panel discussion: PMC/MCL Injuries Moderators: Dr. Nilesh Kamat, Dr. Milind Pimprikar Panelists: Dr. Rob LaPrade, Dr. Nick Kennedy, Dr. Gilbert Moatshe, Dr. Vinay Tantuway, Dr. Rajeev Raman	
	SESSION IX - POSTEROLATERAL CORNER Chairpersons: Dr. Satish Sonar, Dr. Vinay Pandey	
10:55 - 11:10 am	Anatomy and Biomechanics of PLC Injuries	Dr. Nick Kennedy
11:10 - 11:20 am	Diagnostic Workup of PLC Injuries*	Dr. Andy Geeslin
11:20 - 11:35 am	Treatment of Acute PLC Injuries	Dr. Rob LaPrade
11:35 - 11:50 am	Treatment of Chronic PLC Injuries	Dr. Gilbert Moatshe
11:50 - 12:30 pm	Live Cadaveric Demonstration 5: PLC repair and reconstruction with EAR Set	Dr. Sameer Shaikh Dr. Ravindra Lamoria Dr. Nick Kennedy
12:30 - 01:30 PM	LUNCH	
	SESSION X Chairpersons: Dr. Sanjay Trivedi, Dr. P. Gopinath	
01:30 - 02:00 pm	Live Cadaveric Demonstration 6: Autograft Anatomic PLCR Single graft	Dr. Gilbert Moatshe Dr. Rob LaPrade Dr. Sameer Shaikh Dr. P. Jayaprasad
02:00 - 02:30 pm	Panel Discussion - PLC Injuries Moderators: Dr. Chirag Thonse, Dr. Vivek Pandey Panelists: Dr. Rob LaPrade, Dr. Nick Kennedy, Dr. Gilbert Moatshe, Dr. Sanjay Trivedi, Dr. P. Gopinath	
	SESSION XI - MULTILIGAMENT KNEE INJURIES Chairpersons: Dr. Rajkumar Amaravati, Dr. Prateek Gupta, Dr. Tanmay Chaudhary	
02:30 - 02:45 pm	Workup, Timing and Staging of Treatment of MLKI	Dr. Nick Kennedy
02:45 - 03:00 pm	Surgical sequence with Tensioning with Tunnel Trajectories for MLKI to Optimize Outcomes	Dr. Gilbert Moatshe
03:00 - 03:15 pm	Workup for failed MLKI*	Dr. Andy Geeslin
03:15 - 04:00 pm	Live Cadaveric Demonstration 7: Multiligament Reconstruction/Repair - ACL+PCL+PMC+PLC - EFL case	Dr. Rob LaPrade Dr. Gilbert Moatshe Dr. Sameer Shaikh Dr. P. Jayaprasad
04:00 - 04:15 PM	TEA	
	SESSION XII Chairpersons: Dr. Nicholas Antao, Dr. Vikram Sharma, Dr. Banshiwal, Dr. Roshan Wade	
04:15 - 04:45 PM	Panel Discussion - Complex Multiple Ligament Knee Injuries - Timing, Staging, Graft choice Moderators: Dr. Sheetal Gupta, Dr. Vivek Pandey, Dr. Mukesh Laddha Panelists: Dr. Rob LaPrade, Dr. Nick Kennedy, Dr. Gilbert Moatshe, Dr. Abhay Narvekar, Dr. Nagraj Shetty	

PROGRAM

04:45 - 05:15 pm



LATE DR. SAURABH MATHUR ORATION

Topic: Damaged Collaterals - My 30 minutes Affair with Them



Orator
Dr. Rob LaPrade

05:15 - 05:20 PM VALEDICTORY

NON-RESIDENTIAL PACKAGE

CATEGORY	UPTO 31 ST OCT., 2023	1 ST NOV., 2023 ONWARDS
Delegate	₹ 14,000 + ₹ 2,520 (GST) = ₹ 16,520	₹ 15,000 + ₹ 2,700 (GST) = ₹ 17,700
PG Student	₹ 10,000 + ₹ 1,800 (GST) = ₹ 11,800	₹ 11,000 + ₹ 1,980 (GST) = ₹ 12,980
Accompanying Person	₹ 10,000 + ₹ 1,800 (GST) = ₹ 11,800	₹ 11,000 + ₹ 1,980 (GST) = ₹ 12,980

Non-Residential Package (Conference Only) includes: Registrations Fees + Conference Lunch on 17th & 18th Nov 2023 i.e. Friday & Saturday + Banquet Dinner on 17th Nov 2023 i.e. Friday + GST as applicable + Visit to trade exhibition

RESIDENTIAL PACKAGE (2 NIGHTS / 3 DAYS)

(Check-in: 16th Nov., 2023 | Check-out: 18th Nov., 2023)

CATEGORY	UPTO 31 ST OCT., 2023	1 ST NOV., 2023 ONWARDS
Single Occupancy	₹ 32,000 + ₹ 5,760 (GST) = ₹ 37,760	₹ 33,000 + ₹ 5,940 (GST) = ₹ 38,940
Twin Sharing	₹ 24,000 + ₹ 4,320 (GST) = ₹ 28,320	₹ 25,000 + ₹ 4,500 (GST) = ₹ 29,500
Delegate with Accompanying Person	₹ 40,000 + ₹ 7,200 (GST) = ₹ 47,200	₹ 41,000 + ₹ 7,380 (GST) = ₹ 48,380

Residential Package (2 Nights / 3 Days) includes: Registrations Fees + Accommodation at Marriott Jaipur for 2 Nights (Check-in: 16th Nov., 2023 | Check-out: 18th Nov., 2023) + Breakfast on 17th & 18th Nov., 2023 i.e. Friday & Saturday + Conference Lunch on 17th & 18th Nov., 2023 i.e. Friday & Saturday + Residential Dinner on 16th Nov., 2023 i.e. Thursday & Banquet Dinner on 17th Nov., 2023 i.e. Friday + GST as applicable + Visit to trade exhibition

RESIDENTIAL PACKAGE (3 NIGHTS / 4 DAYS)

(Check-in: 16th Nov., 2023 | Check-out: 19th Nov., 2023)

CATEGORY	UPTO 31 ST OCT., 2023	1 ST NOV., 2023 ONWARDS
Single Occupancy	₹ 42,000 + ₹ 7,560 (GST) = ₹ 49,560	₹ 43,000 + ₹ 7,740 (GST) = ₹ 50,740
Twin Sharing	₹ 29,000 + ₹ 5,220 (GST) = ₹ 34,220	₹ 30,000 + ₹ 5,400 (GST) = ₹ 35,400
Delegate with Accompanying Person	₹ 52,000 + ₹ 9,360 (GST) = ₹ 61,360	₹ 53,000 + ₹ 9,540 (GST) = ₹ 62,540

Residential Package (3 Nights / 4 Days) includes: Registrations Fees + Accommodation at Marriott Jaipur for 2 Nights (Check-in: 16th Nov., 2023 | Check-out: 19th Nov., 2023) + Breakfast on 17th, 18th & 19th Nov., 2023 (i.e. Friday, Saturday & Sunday) + Conference Lunch on 17th & 18th Nov., 2023 (i.e. Friday & Saturday) + Residential Dinner on 16th & 18th Nov., 2023 (i.e. Thursday & Saturday) & Banquet Dinner on 17th Nov., 2023 (i.e. Friday) + GST as applicable + Visit to trade exhibition



PAYMENT DETAILS

Payment can be done by DD / Cheque in favour of **ARTHROSCOPY STUDY GROUP OF INDIA** payable in Mumbai.
Delegates can also register online (processing fees as applicable)

CONFERENCE SECRETARIAT



Kohinoor Square Phase I, B Wing, Office no. 1004, 10th Floor,
N. C. Kelkar Road, Shivaji Park, Dadar West Mumbai - 400028

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